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Learn more Watch the video Is it dangerous to drive if you have lower-limb osteoarthritis? In today's world, going about your day-to-day business without a car is almost impossible. But in our ageing society, it's important to ask at what age a person becomes a danger to themselves and others on the road? And does osteoarthritis make a difference? Sport appears to relieve lower limb osteoarthritis Lower limb osteoarthritis, as the leading cause of reduced mobility in the elderly, is likely to affect a considerable number of people: an individual has a 25% chance of suffering from hip osteoarthritis and a 45% chance of suffering from knee osteoarthritis during his/her lifetime. The healthcare and economic impact of this disease is such that the most effective therapeutic strategies need to be identified in order to delay its onset and to reduce the pain associated with its progression. Fingers: a reliable source for determining predisposition to osteoarthritis? Could finger length constitute an indication of the predisposition to knee osteoarthritis? The link is not obvious, yet researchers at Monash University (Australia) looked into the question and were able to demonstrate a relationship between the two factors. Piascledine, a well-known therapeutic aid for joint health, has garnered attention for its promising effects on conditions like osteoarthritis and other inflammatory joint diseases. This comprehensive guide aims to delve into the various uses of Piascledine, its benefits, and its potential impact on quality of life. In a Nutshell Piascledine is primarily used for managing symptoms associated with osteoarthritis and joint inflammation, enhancing mobility and reducing pain. Derived from avocado and soybean unsaponifiables (ASUs), it is recognized for its natural anti-inflammatory properties. It serves as a complementary therapy, often administered alongside conventional treatment methods. Research supports its role in slowing joint degeneration and promoting cartilage repair. Piascledine is generally well-tolerated, with minimal side effects compared to traditional pain medications. Table of Contents Understanding Piascledine Piascledine is an oral supplement formulated from natural extracts of avocado and soybean. This combination, known as avocado soybean unsaponifiables (ASUs), has gained recognition for its capacity to support joint health and mitigate symptoms related to degenerative joint diseases. Composition: Each capsule typically includes a standardized amount of ASU, which has been scientifically studied for its therapeutic effects on joint tissues. Target Conditions: Piascledine is often recommended for patients experiencing chronic joint disorders, particularly osteoarthritis. For additional details on Piascledine, visit Piascledine Uses. Key Uses of Piascledine The primary use of Piascledine is to alleviate symptoms associated with osteoarthritis. Pain Relief: Regular intake can significantly reduce joint pain, enhancing comfort and mobility for those with osteoarthritis. Anti-inflammatory Properties: By decreasing inflammation, it promotes better joint function, making everyday activities less painful. Cartilage Repair: It aids in preserving cartilage integrity, which can slow the progression of joint degeneration. Explore more about its applications on the USES platform. How Piascledine Works Piascledine works by leveraging its natural active ingredients to manage joint health. Avocado and Soybean Unsaponifiables (ASUs): These elements counteract inflammation and support cartilage health by inhibiting inflammatory molecules and increasing collagen synthesis. Tissue Targeting: The compound specifically interacts with cells in the synovial fluid and cartilage, enhancing joint lubrication and reducing friction. Mechanism of Action: Its mechanism is primarily centered on modifying the inflammatory process and promoting anabolic reconstruction of cartilage. For scientific insights, consider visiting established resources like NIH on dietary supplements. Safety and Side Effects Piascledine is generally safe, with a minimal side effect profile. Common Side Effects: Some users may experience mild gastrointestinal discomfort. Long-term Safety: Long-term use under medical guidance has not shown significant adverse effects. Drug Interactions: It is advisable to consult a healthcare professional to avoid potential interactions with other medications. User Experiences and Testimonials User testimonials highlight Piascledine's efficacy in managing joint-related discomfort. Positive Feedback: Many users report improved joint function and reduced pain after consistent use. Case Studies: Some studies have showcased a notable decrease in the rate of joint tissue degeneration among users. Patient Stories: Personal accounts from various health forums support its benefits as part of a comprehensive management plan for osteoarthritis. FAQ 1. What is Piascledine primarily used for? Piascledine is mainly used for alleviating symptoms of osteoarthritis and other inflammatory joint diseases. 2. Are there any side effects associated with Piascledine? Generally well-tolerated, but some may experience mild side effects such as gastrointestinal discomfort. 3. How long should one take Piascledine to see results? Effects can typically be noticed after continuous use for a few weeks, but it's best used under medical guidance. 4. Can Piascledine replace traditional arthritis medications? Piascledine is often used as a complementary therapy. It should not replace traditional medications unless advised by a healthcare provider. 5. Is Piascledine suitable for all age groups? While widely used, it is important to consult a healthcare professional to determine age-appropriate use. For details on availability and product specifics, visit the USES website. By understanding the diverse applications and benefits of Piascledine, individuals can make informed decisions regarding their joint health and treatment plans. Always seek guidance from healthcare professionals when integrating supplements into your routine. Customer Care line: 0860 AUSTEL / 0860 287 835 Q: When can I expect to notice the benefits of taking PIASCLEDINE®? In clinical studies conducted with patients suffering from hip and knee osteoarthritis, patients given PIASCLEDINE® noticed improvements in symptoms within only one month and were less likely to resume non-steroidal anti-inflammatory drug (NSAID) therapy after only six weeks of treatment. PIASCLEDINE® was also shown to reduce pain and improve function after only two months of treatment. Q: How and when should I take PIASCLEDINE® capsules? One capsule of PIASCLEDINE® should be taken once a day during a meal with a glass of water. Q: Is PIASCLEDINE® known to interact with other drugs? No, PIASCLEDINE® does not have any reported drug-drug interactions and is safe to take with other medication. PIASCLEDINE® has been available in France for more than 24 years and to date there have been no known drug-drug interactions. Q: Is PIASCLEDINE® known to have any side effects? PIASCLEDINE® is usually very well tolerated, however, some patients may experience side effects. Lipid-scented regurgitation may occur, but can be prevented by taking capsules during a meal. Also, some patients may experience mild gastrointestinal side effects which tend to resolve spontaneously. Rarely, patients may experience hyper-sensitivity reactions or elevations of liver enzymes. Q: Can I take PIASCLEDINE® if I am pregnant or breast feeding? PIASCLEDINE® has not been evaluated during pregnancy or breast feeding. Q: How is PIASCLEDINE® different from the other joint medication I see at the pharmacy? PIASCLEDINE®'s unique and proven dual mode of action prevents cartilage breakdown and stimulates cartilage repair. Q: Why should I not take just anti-inflammatories for my osteoarthritis? Anti-inflammatories can cause life-threatening side effects such as bleeding from the stomach and intestines, as well as heart and kidney side effects. In addition, they may worsen osteoarthritis by retarding the healing process. Q: Is PIASCLEDINE® safe to use with Warfarin? PIASCLEDINE® does not have any reported drug-drug interactions and is safe to take with other medication. PIASCLEDINE® has been available in France for more than 24 years and to date there have been no known drug-drug interactions. Q: How long should I take PIASCLEDINE® for? It is recommended that PIASCLEDINE® be used for a minimum of three months. PIASCLEDINE® can be used on an ongoing/long-term basis\* \*Subject to an assessment by a healthcare professional. Q: Why must I take PIASCLEDINE® with food? Lipid scented regurgitation may occur but can be prevented by taking the capsule during a meal. Q: Can I use PIASCLEDINE® with my diabetes and/or hypertension/high blood pressure medication? PIASCLEDINE® does not have any reported drug-drug interactions and is safe to take with other medication. PIASCLEDINE® has been available in France for more than 24 years and to date there have been no known drug-drug interactions. Q: Is PIASCLEDINE® used to treat chronic cases of osteoarthritis? Yes, PIASCLEDINE® has a dual mode of action. It prevents the breakdown of cartilage while stimulating the repair of the cartilage material. PIASCLEDINE® can be used on an ongoing/long-term basis\* \*Subject to an assessment by a healthcare professional Q: What does PIASCLEDINE® contain? PIASCLEDINE® (ASU Expanscience® Laboratories) is composed of a mixture of soybean oil unsaponifiables and specific avocado oil unsaponifiables. This is a unique process that has been patented by Laboratoire Expanscience, a leading pharmaceutical company from France. Home Piascledine 300 30 Capsules Save 5% Save 5% What is Piascledine 300? Piascledine 30 Capsules is a daily supplement made with selected ingredients to help tackle the symptoms of osteoarthritis, including aches and pains, and mobility difficulties. How to use: Take 1 capsule daily. The recommended dose should be taken with food. The capsule should be swallowed whole with a glass of water. Do not chew. The full efficacy of Piascledine® may be delayed for up to a few weeks and is generally prolonged after treatment cessation. The usual duration of treatment is between 3 and 6 months. Ingredients: Per capsule: Avocado oil unsaponifiable: 200.00 mg, soybean oil unsaponifiable: 200.00 mg, i.e. total extract of avocado and Soybean unsaponifiable fractions: 300.00 mg. Osteoarthritis causes what is referred to as functional impairment. The location and intensity of the pain you experience from your osteoarthritis will impact and generally reduce your mobility and flexibility. Your movements become more painful and you have greater difficulty performing daily activities. Routine actions such as unscrewing the lid off a jar or climbing stairs become an effort. The extent of functional impairment varies from person to person and according to their activities. For instance, osteoarthritis of the knee will affect a football player far more than an individual who does not practise a sport, or a pianist will be very limited by osteoarthritis of the fingers. While osteoarthritis will generally not trigger any fever or weight loss, it will often cause joints to swell. This indicates an accumulation of fluid in the joint (synovial effusion) and is more frequently seen in the knees. Osteoarthritis can cause small nodules and lumps to form on the fingers and toes. Bone spurs (osteophytes or bony lumps) may also develop around the joints, particularly of the hands and knees, eventually causing irreversible joint damage and deformity. Safety of Symptomatic Slow-Acting Drugs for Osteoarthritis: Outcomes of a Systematic Review and Meta-Analysis. Honvo G, Register JY, Rabenda V, Geerinck A, Mkinsi O, Charles A, Rizzoli R, Cooper C, Avouac B, Bruyère O, Honvo G, et al. Drugs Aging. 2019 Apr;36(Suppl 1):65-99. doi: 10.1007/s40266-019-00662-z. Drugs Aging. 2019. PMID: 31073924 Free PMC article. This medicine contains a combination of plant extracts. Drug based on avocado and soy unsaponifiables indicated in the symptomatic treatment (pain and discomfort during movements) with delayed effect of osteoarthritis of the knee (Requires a medical diagnosis). Presentations of the drug Piascledine® 300 PIASCLEDINE® 300 box of 90 capsules Also available in boxes of 30 capsules and 60 capsules Composition of the drug Piascledine® 300 p capsules Unsaponifiables of avocado oil 100 mg Unsaponifiables of soybean oil 200 mg Active ingredients: Unsaponifiables of avocado oil, Unsaponifiables of soybean oil, Unsaponifiables of soybean oil Excipients: Butylated hydroxytoluene, Erythrosine, Yellow iron oxide, Gellan, Polysorbate 80, Colloidal anhydrous silica, Titanium dioxide Fertility, pregnancy and lactation The effect of this drug during pregnancy or lactation is not known. The evaluation of the possible risks related to its use is individual, ask your pharmacist or your doctor for advice. Instructions for use and dosage of Piascledine® 300 The capsules should be swallowed with a glass of water, in the middle of meals. Usual dosage: 1 capsule per day. Advice In the treatment of osteoarthritis, the effect of this medication is slow to appear: relief generally appears only after 1 to 2 months of treatment. The drug treatment does not dispense with measures to fight against possible overweight. It is also recommended to practice an adapted physical activity to strengthen the muscles and maintain the mobility of the joint. Possible side effects of Piascledine® 300 Rare regurgitation with a lipidic smell, allergic reaction. Diarrhea, stomach pain. Exceptionally: liver damage. If you have experienced an adverse reaction that may be due to this medicine, you can report it by downloading the form. See the Piascledine® 300 leaflet in the "Attached documents" tab Specific References Muscle-relaxants The Alivia heating patch offers long-lasting relief from minor aches and pains, joint stiffness and muscle and joint pain. Box of 4 patches, 13 cm x 9.5 cm Long-lasting, targeted pain relief. Relieves pain for 8 hours. Osteoarthritis Description: HYALEXO EXPANSCIENCE is a hyaluronic acid-based medical device indicated for the relief of pain in patients suffering from osteoarthritis or degenerative joint diseases resulting in an alteration of the functional properties of synovial fluid. Plasters-and-patches Indications: This product is indicated in adults (over 15 years of age) for the symptomatic treatment of pain of tendino-ligamentary origin, and post-traumatic pain: sprains and contusions. This drug is indicated in adults for the treatment of painful flare-ups of osteoarthritis of the knee, following initial medical advice. Drugs Flect/Expert Patch Harpagophyllum unites, softens and relieves immediately the joint and muscle tensions of everyday life by providing a warm effect. Osteoarthritis SYNOVILUM HCS viscoelastic devices are indicated for the symptomatic treatment of gonarthrosis, in particular to reduce pain and restore joint mobility by replacing and supplementing the elasto-viscosity of the synovial fluid in arthritic joints. The therapeutic indications are all types of painful gonarthrosis: - Primary gonarthrosis (Kellgren radiological stages I, II and III) - Gonarthrosis and associated general factors: - Ineffectiveness of usual treatments. - Intolerance and/or contraindication to NSAIDs and/or analgesics. - Taking anticoagulants, poly-medication (hypertension, diabetes, obesity, cardiovascular and gastrointestinal problems). - Contraindications related to the fitting of a prosthesis: young patients and various contraindications related to the patient's condition. - Early gonarthrosis in young patients. - Gonarthrosis secondary to trauma and the aftermath of articular fractures. Cold-hot-therapy A cream to soothe and limit joint pain Designed to relieve lower back pain, this warming cream has anti-inflammatory and moisturizing properties. It provides a sensation of warmth that helps relax muscles and joints. Mobility improves day by day with regular application. Blows-injuries Flector efigel is a medicine containing an anti-inflammatory and an analgesic, it is used in the short term local treatment, in adults and children over 15 years old, in case of benign trauma: sprain, strain, or contusion. Drugs Indications: Phytostandard of harpagophyllum and willow Piléje is a food supplement to improve joint comfort. The extracts of harpagophyllum and willow are obtained through the patented Phytostandard® process known for its respect for the integrity of the plant's compounds. Osteoarthritis Intra-articular injection of hyaluronic acid forarthropathy causing pain or limited mobility. This medical device is a regulated healthcare product, and carries the CE mark. - Restore the viscoelastic properties of synovial fluid - Reduce pain - Improve joint mobility Muscle-relaxants Pain-relieving gel, based on essential oils, provides rapid pain relief, limits the spread of oedema and promotes relaxation. Pain-relieving gel for contractures, strains, sprains, contusions, elongations, arthrosis and arthritis. It rapidly relieves pain, limits the spread of oedema and promotes muscle relaxation and recovery. Indication: Muscle and joint pain relief. From age 7. Osteoarthritis Arthrum HCS 40mg/2ml is indicated for all types of painful synovial joint arthritis, particularly gonarthrosis. Arthrum HCS is biologically similar to human synovial fluid and participates in the following functions: Protect the cartilage. Protect the synovial membrane. Reduce pain and improve mobility Muscle-relaxants With its flagship active ingredients (CBD, Turmeric, Harpagophyllum, Magnesium) Forté Flex Kiné CBD cream helps relieve and soothe the muscle and joint pain. Osteoarthritis OSTENIL® Tendon is a medical device indicated for the treatment of pain and limitation of mobility in the case of tendon disorders. Osteoarthritis Indications: Piascledine® 300 is a drug indicated for symptomatic treatment (pain and functional discomfort) with delayed effect of osteoarthritis of the hip and knee ≡ Table of content Osteoarthritis is a chronic, recurrent condition that is often treated with painkillers and anti-inflammatory drugs. However, these treatments can have significant side effects on the digestive, cardiovascular, and renal systems. Therefore, researchers have been exploring safer, long-term, and more effective treatment options, and Piascledine is one such solution. Let's learn more about Piascledine and its uses. 1. What is Piascledine? Piascledine 300mg is a medication used to manage symptoms of musculoskeletal disorders. Its active ingredients are unsaponifiable extracts of avocado oil and soybean oil, specifically: Unsaponifiable avocado oil extract: 100mg, Unsaponifiable soybean oil extract: 200mg/Piascledine is available on the market in capsule form, with a strength of 300mg. The recommended dosage is one capsule per day, taken with plenty of water. It should not be chewed and should be taken during meals. 2. Uses of Piascledine 300mg 2.1. Role of Piascledine 300mg in Treating Musculoskeletal DisordersPiascledine 300mg acts slowly to manage symptoms of osteoarthritis, particularly in large joints such as the hip and knee. Due to its slow action, doctors often combine Piascledine with non-steroidal anti-inflammatory drugs (NSAIDs) and/or painkillers at the beginning of treatment, reducing their dosages as Piascledine becomes effective.Mechanisms of action of Piascledine include:increasing the synthesis of proteoglycans (PGs), especially those with high molecular weight, with properties similar to natural PGsA combined effect of its two components: chronic stimulation of PG synthesis and acute inhibition of PG degradation.Stimulating collagen synthesis by chondrocytes and synovial cells.Reducing PGE2 synthesis in cartilage cells, thereby counteracting IL-1's inhibitory effect and inhibiting type II collagenase in joints.Activating plasminogen activator inhibitor-1 (PAI-1) and TGFβ1/TGFβ2, promoting recovery and protection of the extracellular matrix. In summary, Piascledine 300mg helps manage inflammation and osteoarthritis by:Acting on subchondral bone, cartilage, and synovial membrane.Stimulating synthesis of cartilage matrix.Reducing cartilage degradation.Decreasing inflammatory mediators. As a result, Piascledine can relieve joint pain, improve patient comfort, and enhance mobility, allowing joints to move smoothly and flexibly. 2.2. Role of Piascledine 300mg in Oral HealthPiascledine also has nutritional effects in treating periodontal diseases, such as gingivitis and periodontitis. Some literature mentions its use in managing conditions like hypertension, menopausal symptoms, and high cholesterol levels.Piascledine has effect on osteoarthritis treatment. Piascledine có công dụng trong điều trị bệnh lý cơ xương khớp 3. Side Effects of Piascledine 300mg 3.1. Allergic ReactionsYes, Piascledine can cause allergic reactions. Notify your doctor if you have a history of allergy to this medication or any of its components. If you experience symptoms of an allergic reaction (e.g., itching, rash, swelling of the face, or difficulty breathing), stop using the medication and contact your doctor immediately. However, allergic reactions to Piascledine 300mg are rare.3.2. Gastrointestinal EffectsSome patients may experience digestive disorders, such as epigastric pain or diarrhea, while using Piascledine. Although gastrointestinal side effects are slightly more common than others, the incidence remains low.3.3. Effects on the Liver and GallbladderIf you have a history of liver or gallbladder disease, inform your doctor before starting Piascledine. Rare liver and gallbladder disorders may include elevated transaminase, alkaline phosphatase, bilirubin, or gamma-glutamyl transferase levels.If you experience symptoms like unexplained nausea, vomiting, abdominal pain, fatigue, loss of appetite, jaundice, or dark urine, stop treatment and contact your doctor before starting Piascledine. Rare liver and gallbladder disorders may include elevated transaminase, alkaline phosphatase, bilirubin, or gamma-glutamyl transferase levels.If you experience symptoms like unexplained nausea, vomiting, abdominal pain, fatigue, loss of appetite, jaundice, or dark urine, stop treatment and contact your doctor immediately.3.4. Use During Pregnancy and BreastfeedingLike all medications, the use of Piascledine during pregnancy and breastfeeding must be carefully considered. While animal and clinical studies have shown no evidence of teratogenicity or toxicity, its use should still be avoided during pregnancy and breastfeeding unless absolutely necessary.3.4. Use in Children and AdolescentsThe safety and efficacy of Piascledine have not been established in patients under 18 years of age. Therefore, it should not be used in this population.3.5. Drug InteractionsInform your doctor if you are taking anticoagulants (e.g., warfarin).Stop treatment and contact your doctor immediately if you experience signs of bleeding disorders, such as red or purple spots on the skin, bruising, or spontaneous bleeding.To avoid drug interactions, provide a list of all medications you are taking (including prescription, over-the-counter, supplements, and herbal products) to your doctor. Do not start, stop, or change the dosage without medical advice. 4. Precautions When Using Piascledine Store Piascledine at room temperature (below 30°C), away from moisture and direct sunlight. Keep it out of reach of children and pets.If you accidentally overdose, seek immediate medical help and bring a list of medications you have taken.If you miss a dose, take the next scheduled dose as usual. Do not double the dose to make up for a missed one. Người bệnh nên sử dụng Piascledine theo đúng chỉ định của bác sĩ 5. Piascledine 300mg and Other Treatments for Osteoarthritis In addition to Piascledine, several other medications are used to slow osteoarthritis progression and manage symptoms.5.1. Glucosamine SulfateGlucosamine sulfate is widely used and effective in managing osteoarthritis. It reduces pain and inflammation, stimulates cartilage production, and improves joint lubrication.Glucosamine not only participates in the synthesis of articular cartilage, reduces the destruction of articular cartilage, but also stimulates the production of bone connective tissue, reducing bone calcium loss. Increased production of synovial fluid mucus increases viscosity and lubrication ability of synovial fluid. From there, Glucosamine sulfate also slows down the process of osteoarthritis, restores joint cartilage, helping patients reduce pain and move more flexibly, similar to piascledine.5.2. DiacereinLike Piascledine, Diacerein belongs to the class of slow-acting osteoarthritis drugs. It inhibits the production of substances that degrade cartilage components, such as proteoglycans and collagen.5.3. Hyaluronic AcidHyaluronic acid is an essential component that acts as a lubricant, enhancing joint flexibility.In osteoarthritis, hyaluronic acid levels decrease. Supplementing high-molecular-weight hyaluronic acid improves joint viscosity, inhibits cartilage degradation, and promotes cartilage cell synthesis. For more health, nutrition, and beauty tips, visit Vinmec International General Hospital to safeguard the health of yourself and your loved ones.To schedule an appointment at the hospital, please contact the HOTLINE or book directly HERE. Download the MyVinmec App to manage, track, and schedule appointments conveniently anytime, anywhere. What to avoid if you suffer from osteoarthritis If you already practise a sport, make sure it is not one that might further harm your joints. You may keep up a sports activity without damage to your joints, provided you use appropriate techniques and equipment. Again, if you practise a sport regularly, avoid modifying your normal exercise routine, as an abrupt change in intensity or duration could harm your joints. Remember to always start and end your exercise routine slowly, to allow your body to gradually warm up and gently wind down. Again, this will avoid any sudden trauma to your joints. Intensive sports can put you at greater risk of cartilage and joint damage, due to repeated impact and frequent injuries. These typically include gymnastics, dance, field and ball games, skiing, horse riding, etc., and should be avoided at any sign of pain, particularly back pain. We use cookies to offer you a better experience. For further information on how we use cookies you can read our Cookie and privacy policy. Benefit Points: 35000 Discovery Miles: 3 500 Back to top Piascledine is the brand name of a product that contains unsaponifiable avocado oil and unsaponifiable soybean oil. Studies have shown that these two oils have anti-inflammatory effects, prevent the breakdown of cartilage, and stimulates growth of joint cartilage cells (chondrocytes). According to the manufacturer, this drug eases symptoms of osteoarthritis. Other studies have shown that it is also has effects against scleroderma and menopause symptoms. How should I take Piascledine? Read the directions on the packaging for complete information. Check the label and expiration date. For oral dosage forms, swallow it whole without chewing, crushing, or dissolving it in liquid. Take it with plenty of water and meals to prevent gastric discomfort. This product is best stored at room temperature away from direct light and moisture. To prevent drug damage, you should not store it in the bathroom or the freezer. There may be different brands of this drug that may have different storage needs. So, it is important to always check the product package for instructions on storage, or ask your pharmacist. For safety, you should keep all medicines away from children and pets. You should not flush this product down the toilet or pour them into a drain unless instructed to do so. Additionally, it is important to properly discard this product when it is expired or no longer needed. Consult your pharmacist for more details about how to safely discard your product. Precautions & warnings What should I know before using Piascledine? Before using this drug, tell your doctor if you are/are have: Pregnant or breastfeeding. Taking any other medicines. This includes any prescription, OTC, and herbal remedies. An allergy to any of the ingredients of this product. Any other illnesses, disorders, or medical conditions. On a fat-restricted diet or taking certain medications. Is it safe during pregnancy or breastfeeding? Unfortunately, there isn't enough information about the safety of using this drug during pregnancy and breastfeeding. Please always consult with your doctor to weigh the potential benefits and risks before taking any medication. Side effects What side effects can occur from Piascledine? Like all drugs, this drug may have side effects. If they occur, side effects are generally mild and resolve once treatment is finished or the dose is lowered. Some reported side effects include: Allergic reaction Regurgitation Gastrointestinal discomfort Elevated liver enzymes However, not everyone experiences these side effects. In addition, some people may experience other side effects. So, if you have any concerns about a side effect, please consult your doctor or pharmacist. This medication may interact with other drugs that you are currently taking, which can change how your drug works or increase your risk for serious side effects. To avoid any potential drug interactions, you should keep a list of all the drugs you are using (including prescription drugs, nonprescription drugs, and herbal products) and share it with your doctor and pharmacist. Does food or alcohol interact with Piascledine? This drug may interact with food or alcohol by altering the way the drug works or increase the risk for serious side effects. Please discuss with your doctor or pharmacist any potential food or alcohol interactions before using this drug. What health conditions may interact with Piascledine? This drug may interact with underlying conditions. This interaction may worsen your health condition or alter the way the drug works. Therefore, it is important to always let your doctor and pharmacist know all the health conditions you currently have. Dosage The information provided is not a substitute for any medical advice. Therefore, you should always consult with your doctor or pharmacist before using any medication. What is the dose for an adult? The recommended dose is one capsule per day with meals. What is the dose for a child? The dosage has not been established in pediatric patients. It may be unsafe for your child. It is always important to fully understand the safety of the drug before using. Please consult with your doctor or pharmacist for more information. How is Piascledine available? Piascledine is available in the following dosage forms and strengths: Capsules containing unsaponifiable avocado oil 100 mg + unsaponifiable soybean oil 200 mg What should I do in case of an emergency or overdose? In case of an emergency or an overdose, call your local emergency services or go to the nearest emergency room. What should I do if I miss a dose? If you miss a dose, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and take your regular dose as scheduled. Do not take a double dose. [embed-health-tool-bmi]